



# St Michael's Parish, Traralgon

St Michael's Church, Traralgon

St Columbkille's Church, Glengarry

**St Michael's Vision Statement:** Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

**St Michael's Mission Statement:**

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au  
email: traralgon@cdsale.org.au

**Statement of Commitment to the safety of children and vulnerable adults:** Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and vulnerable adults and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

### St Michael's Parish Information

**Fr Francis Otabo** Parish Priest  
Parish Centre 5174 2060  
Priests' Residence: 5174 6765

**Deacon Tony Aspinall**  
Phone 5174 2060  
Em: deacontony8@gmail.com

**Sr Doreen Dagge RSJ** 5174 9997

**Monsignor John Allman**  
O'Mara House 5174 9674

**St Michael's Parish Office** 5174 2060  
35 Kay Street, Traralgon  
PO Box 103, Traralgon 3844

Office hours –  
Tuesday to Friday 9:00am to 4:00pm  
Parish Secretary: Bev O'Brien  
Email: sec@smpt.org.au  
Sacraments Admin Jenifer Hanratty  
Email: sacraments@smpt.org.au  
Youth Coordinator Jenifer Hanratty  
Email: youth@smpt.org.au

**After office hours** - Should anyone urgently require an after hours priest, please call Fr Peter Bickley on 0408 517 073 or the Morwell Presbytery on 5133 8132.

**Baptisms:** Six weeks notice required  
**Weddings:** Six months notice required

**Parish Pastoral Council:** Greg Imhagwe Chairperson, Fr Francis, Sr Doreen, Kevin Taylor, Ray Moretti, Amanda Reid, Jenifer Hanratty, Steve Kimani, Marita Kennedy, Jodie Ware, Ros Joyner, Doug Doherty and Bev O'Brien.

**Our Schools:**  
**St Gabriel's School** 5174 5515  
Principal: Mrs Roslyn Joyner

**St Michael's School** 5174 3295  
Principal: Mrs Jodie Ware

**Lavalla Catholic College** 5174 5272  
Principal: Mr John Freeman  
Kildare Campus 5174 8111  
St Paul's Campus 5174 7355

### THEY ALL ATE AS MUCH AS THEY WANTED.

By Mary Coloe PBVM

1 Corinthians 11:23-26; Luke 9:11-17

*We are what we eat*

'Take and eat, this is my body.' These familiar words express our faith that God comes to us as life and nourishment. In the ordinary ritual of sharing food and drink, we are drawn into the presence of God. This faith is found in the writings of the New Testament when the disciples discovered an ongoing presence of Jesus in their midst. 'He's alive!' is the joyful message of Easter. In their small gatherings as they shared their stories of Jesus, and broke bread together, they knew Jesus was still with them. What we now call Eucharist, they called 'The Lord's supper' for Jesus remained with them as host, as surely as he once was host in their many shared meals.

In Paul's letter, we have the earliest description of the Last Supper and the Institution narrative, since this letter was written around 56 CE, many years before Mark's Gospel took its final written form. At this Last Supper Jesus gave to the bread and wine the meaning of his actions the following day. Disciples, by participating in eating the bread and drinking the wine, participated in the meaning of Jesus' death. The solemn ritual transcends the present moment to draw into it both past and future. This is what a ritual, or memorial is. It is not nostalgic remembering of an event in the past; it is a means of participating now in the significance of a past event, and appropriating this for one's self. The bread and wine symbolise a body given and blood poured out, and these symbols then make accessible for all Christians what Jesus did.

Jesus names this ritual a new covenant, which needs to be understood against the background of Israel's great covenant at Mount Sinai. A covenant is one of many terms used to describe Israel's sense of belonging in a special relationship to God. Prior to Sinai, covenants had been experienced by Abraham and other ancestors, but at Sinai, all the people were involved. At this time, the covenant was sealed with the pouring out of the blood of sacrificial animals – half poured on the altar to represent God, and half sprinkled on the people. Since blood represented the life-force, this sharing in blood, was a symbolic way of saying that the people now participate in the very life of God.

In taking bread and wine and saying these solemn words, Jesus transforms this ancient ceremony and, now, the guarantee that we participate in the life of God is Jesus' own life.

*(Continued on Page 2)*

### MEN'S BREAKFAST:

**Saturday June 29 at 8:00am**

in the St Vincent de Paul Centre,  
43 Kay Street.

Representatives from the St Vincent de Paul Society will speak at the breakfast. All gentlemen are warmly invited to come and share breakfast and learn about the many and varied aspects of the St Vincent de Paul Society and their role in our community.



## SUNDAY MASS TIMES

<b>Saturday</b>	5:30pm	St Michael's Traralgon
<b>Sunday</b>	9:30am	St Michael's Traralgon
	10:00am	St Columbkille's Glengarry
	5:30pm	St Michael's Traralgon

## WEEKDAY LITURGY TIMES

**June 24 to 29**

<b>Mon 24</b>	9:30am	Liturgy of the Word
<b>Tues 25</b>	9:30am	Communion Service
<b>Weds 26</b>	11:00am	Exposition
	12:00pm	Communion Service
<b>Thurs 27</b>	9:30am	Communion Service, St Gabriel's PS (Yr3/4)
<b>Fri 28</b>	9:30am	Communion Service (SMPS)
<b>Sat 29</b>	9:30am	Mass

**Rosary:** Tuesday to Sunday 30 minutes before Mass.

**Reconciliation:** Saturdays 10:15am & 5:00pm or any other time by arrangement with Father.

**PLEASE PRAY FOR:** We remember those who have died recently including Wally Trochimczuk and Teresa Dal Pozzo and all those whose anniversaries occur at this time including Matt Dal Pra, Charles Glaubitz, Heather Hammond, Jack Cooney, Stefan Masternak, Tom Dwyer, Frank O'Regan, Fr Michael Dwyer, Justin O'Brien, Monsignor Stan Crowe, Maria Raso, Agostino Spano and Alayama Varghese.

*Lord, Let your perpetual light shine upon them. May the rest in peace. Amen.*

## WE PRAY FOR THOSE WHO ARE SICK

including Maria Alessandrini, Lee Allman, Lulu Aragon, John Besselink, Fr Bernard Buckley, Dot Buckland, Julie Dal Pra, Ann-Maree Daly, Gary Donchi, Jennifer Fitzgerald, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Ron Grinter, Robert Hazelman, Imogen Hillier, Marie Howard, Joan Lamont, Ann Lapuh, Peter Lont, Joyce Martin, Ivy May, Deborah McKerchar, Joan Quigley, Joan Riggall, Malcolm Selzer, Ray Smith, Tasma Sharp, Jerry Templer, Brian Vivian, Celie Smith, Margaret West and Fr Frank Young.

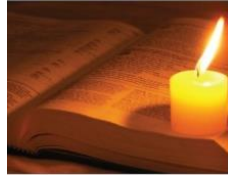


## WELCOME, FR HERMAN HENGEL:

Thank you Fr Herman, for coming to be with us in Fr Francis' absence. We hope you enjoy your time here with us.

*Should anyone require an after hours priest, please call Fr Peter Bickley on 0408 517 073 or the Morwell Presbytery on 5133 8132.*

## MONTHLY PRAYER EXPERIENCES:



### Lectio Divina

*Hoping to share this evening with you all.*

Our second Prayer Experience will be held on **Tuesday June 25** and will be a Lectio Divina session run by Chris Roga.

## BAPTISMS:

Our next meeting for those preparing for Baptism is on **Wednesday July 17 at 7:00pm in the Parish Centre.** Please contact the Office on 5174 2060 for further information.



**NURSING HOME MINISTRY:** A meeting for all those who would like to be a part of the Parish Nursing Home Ministry will be held on **Monday June 24 at 1:30pm** in the Parish Centre.

The meeting will be an informal gathering to give support and information.

## Pilgrimage Icon of Our Lady of Perpetual Help

In preparation for the Diocesan Assembly, the **Pilgrimage Image of OLOPH** will be in the parish for the week of July 21-26. The image will be welcomed at masses on July 21/22. There is opportunity for school liturgies. The whole parish is invited to gather on the night of **July 23<sup>rd</sup>** for special liturgy to Our Lady for the success of the Diocesan Assembly.



## Reflection by Mary Coloe PBVM:

*(Continued from Page 1)*

Stories such as the one we hear in today's Gospel link the post-Easter experience of the Lord's presence with their memory of other meals during the ministry of Jesus. This meal with the multitude, anticipates his later meal on the eve of his death and the ongoing meals in the Christian communities. Notice in the Gospel that the disciples are told to feed the crowd and to distribute the blessed bread. The action of these disciples continues in our communities today.

In celebrating this feast we not only give thanks for the presence of Christ in the bread and wine, we also celebrate that being nourished by the life of Jesus we become the living body of Christ. As Paul states, 'Now you are the body of Christ and individually members of it.' (1Corinthians 12:27)

**CWL MEETING:** All women in the Parish are warmly invited to attend the Catholic Womens League Meeting on Tuesday 25<sup>th</sup> June at 10:00am in the Mary MacKillop room.



## Diary Dates

**DATES FOR YOUR CALENDARS:** Please note the following dates in your calendars. Your support of our Parish events is what helps to make our events memorable occasions.

### Tuesday July 23

Pilgrimage of the Image of Our Lady of Perpetual Help  
7:30pm in the Church

### Sunday August 25

4:00-7:00pm  
'Celebrate' Youth Event  
at Kildare Hall.

### Sunday September 08

Ladies Long Lunch  
at Traralgon Vineyard  
12:00pm

### Friday October 25

Parish Dinner  
Dal Mondo's Restaurant  
6:00pm

## Diary Dates

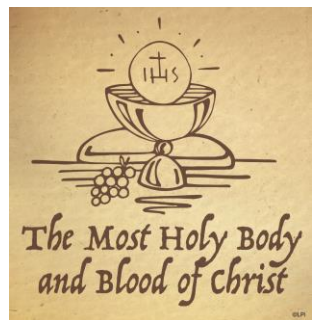
**YOUTH FORMATION** : The next Youth Formation session, for young people from Year 6 and over, will be held on **Friday 19<sup>th</sup> July at 7:00-8:30pm** in the Parish Centre. Supper provided.

**THE AUSTRALIAN CATHOLIC YOUTH FESTIVAL CONFERENCE:** will be held in Perth from **December 08 to 10, 2019**. The parish is hoping that some of our eligible parishioners will attend this exciting event. The theme is 'Listen to What the Spirit is Saying'.

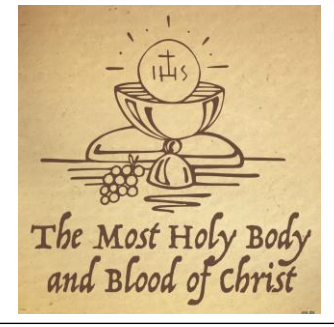
An Information Evening will be held on **Wednesday July 24 at 7:30pm** in the Parish Centre, all who are interested in attending are warmly invited to attend the meeting and register an Expression of Interest.

**SAVE THIS DATE: Sunday August 25 2019 4:00-7:00pm.**

Parishioners of all stages of 'youth' are warmly invited to come to our Youth Event to be held in the Kildare Hall at Lavalla Catholic College, Kosciuszko Street, Traralgon. It's a great celebration, and includes Mass at 5:00pm. Please show our youth your encouragement. We're currently looking for sponsors, performers, volunteers, leaders, readers . . . all help gratefully received.



We must always bear in mind that the Eucharist is not something we do. It is not our own commemoration of what Jesus said and did. No. It is precisely an act of Christ!  
It is Christ who acts there, who is on the altar. It is a gift of Christ, who makes himself present and gathers us around him, to nourish us with his Word and with his life.  
*(General Audience Pope Francis 12 Feb 2014)*



**NEXT WEEKS MEETINGS:**

- Monday 24th**  
1:30pm Nursing Home Ministry, Parish Centre
- Tuesday 25th**  
10:00am CWL Meeting, Mary MacKillop Room  
7:30pm **Lectio Divina** Session in the Mary MacKillop Room. All welcome!
- Wednesday 19**  
12:30pm  
Weds pm Cells Group, Parish Centre

**STEWARDSHIP REFLECTION:**

*"They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets."* (Luke 9:17)  
The story of the Loaves and Fishes shows us that when we share what we have, even if it doesn't seem like that much, miracles can happen! Do not think that your gift is too small or insignificant! God blesses all the gifts we offer and makes them wondrous.

**PARISH FINANCE MATTERS:**

Should you wish to have information about our Planned Giving program please contact the Parish Office.  
Counters - see rosters

**PLANNED GIVING ENVELOPES:**

the Giving Envelopes for the twelve months **July 23, 2019 to July 12, 2020** are now available for collection, together with Receipts for March to May 2019. Receipts for our electronic givers for this period are also available for collection. We are hoping that everyone will take their own envelopes home and help out by delivering envelopes and statements to people who live in your area. It costs \$9.00 to post each box of envelopes, please help us keep our postage costs to a minimum. Thank you all for your help.



**Rosters for June 29 & 30 ~ 13<sup>th</sup> Sunday in Ordinary Time**

Mass	Lector	Commentator	Eucharistic Ministers	Welcomers	Music	Sacristan
5:30pm	R Foote Sr Doreen	S Grout	J & M McLaughlin, C DiCorleto, Volunteer	Volunteers required	Diamante Family	A Symonds
9:30am	S Reid U Imhagwe	L Van der Velden	D Bau, J & W Waanders, J Panozzo-Tilè, volunteers x3 or Deacon Tony and 2 volunteers.	Volunteers required	Charismatic Choir	P & L Van der Velden
5:30pm	L Pendergast	M Pendergast	J Reid, volunteers x 3	Volunteers required		Volunteer required

- **Altar Cleaning:** June 23 L Kennedy June 30 S MacManus
- **Church Cleaning:** June Volunteer team required July Youth Ministry Team
- **Children's Liturgy of the Word:** Jane and Grace
- **Touring Statue of Our Lady:** June 23 E Harte June 30 E Membrey  
Please contact the family before you leave the statue to make sure they are home. Thank you. For further information regarding roster please contact: Marie Moulton 5174 0938 Email: memou\_38@bigpond.com
- **Mick's Kitchen:** June 27 Moretti Team July 04 McLaughlin Team
- **Counters** June 23 Waanders Team June 30 Arend Team



**Entrance Antiphon** :Cf Ps 80:17

*He fed them with the finest wheat  
and satisfied them with honey from the rock.*

**First Reading** Gen 14:18-20

A reading from the book of Genesis

*Melchizedek brought bread and wine.*

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

'Blessed be Abraham by God Most High, creator of heaven and earth,  
and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

**Responsorial Psalm** Ps 66:2-3. 5-6. 8. R. v.4

**(R.)** *You are a priest for ever,  
in the line of Melchizedek*

1. The Lord's revelation to my Master:  
'Sit on my right:  
I will put your foes beneath your feet.' **(R.)**
2. The Lord will send from Zion  
your sceptre of power:  
rule in the midst of all your foes. **(R.)**
3. A prince from the day of your birth  
on the holy mountains;  
from the womb before the daybreak  
I begot you. **(R.)**
4. The Lord has sworn an oath he will not change.  
'You are a priest for ever,  
a priest like Melchizedek of old.' **(R.)**

**Second Reading**

1 Cor 11:23-26

A reading from the first letter of St Paul to the Corinthians

*Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.*

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming to his death.

**Gospel Acclamation**

*Alleluia, alleluia!*

*I am the living bread from heaven, says the Lord;  
whoever eats this bread will live for ever.*

*Alleluia!*

**Gospel**

Lk 9:11-17

A reading from the holy Gospel according to Luke

*They all ate and were filled.*

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets

## Next weeks Readings

13<sup>th</sup> Sunday in Ordinary Time

1<sup>st</sup> Reading 1 Kings 19:16, 19-21

2<sup>nd</sup> Reading Gal 5:1, 13-18

Gospel Luke 9:51-62