

St Michael's Catholic Parish Traralgon

St Michael's Vision Statement: Inspired by Jesus Christ, we are a welcoming Catholic Community seeking to enrich lives. Come and join us!

St Michael's Mission Statement:

To provide opportunities for parishioners –

- to grow in holiness
- to discover and live out their personal and community call to mission to live as Catholics who effectively transform society.

www.smpt.org.au
email: sec@smpt.org.au

Statement of Commitment to the safety of children and adults at risk: Central to the mission of St Michael's Parish is an unequivocal commitment to fostering the dignity, self-esteem and integrity of children, young people and adults at risk and providing them with a safe, supportive and enriching environment to develop spiritually, physically, intellectually, emotionally and socially.

Please contact our Safeguarding Officer Shane Reid on 5174 2060 if you have any concerns.

St Michael's Parish Information

Fr Aju Varghese Parish Priest
Parish Centre 5174 2060
Priest's Residence: 5174 6765

Deacon Tony Aspinall
Email: deacontony8@gmail.com

St Michael's Parish Office
Telephone: 5174 2060
Address: 35 Kay Street, Traralgon
PO Box 103, Traralgon 3844

Office hours –
Tues to Friday 9:00am to 4:00pm
Parish Secretary: Catherine Hill
Email: sec@smpt.org.au
Sacraments / Youth: Jenifer Hanratty
Email: sacraments@smpt.org.au

After office hours - in case of an emergency please call 0499 162 313 and leave a message and your contact details. All non-urgent calls should be made during office hours.

Baptisms: Six weeks notice required

Weddings: Six months notice required

Parish Pastoral Council: Lia Di Corleto, Chairperson, Fr Aju, Steve Kimani, Greg Imhagwe, Watson Gomez, Jenifer Hanratty, Judi McLaughlin, Thomas Mathew, Amanda Reid, Jodie Ware, Michelle Charlton, and Doug Doherty.

Our Schools:

St Gabriel's School 5174 5515

Principal: Mrs Michelle Charlton

St Michael's School 5174 3295

Principal: Mrs Jodie Ware

Lavalla Catholic College 5174 5272

Principal: Mr Ryan Greer

Kildare Campus 5174 8111

St Paul's Campus 5174 7355



The enduring value of kindness

Part I, by Gil Tipping

Taken from the Latrobe Valley Express 21.06.23, p15

Have you ever heard of Mick's Kitchen?

I am sure many have, but I reckon there would be many more for whom the name is unfamiliar, and until about three months ago, I was one of these. Having completed 77 laps round the sun, and still going ok at home, I was interested in doing some kind of community work, and my dear friend Suzanne said "What about Mick's Kitchen?" What indeed? Well I soon found out, and in a few short weeks I have become fully immersed in it, there is nothing about it that I don't love! I should explain...

It's no secret that the great church of the Holy See worldwide has had a tough few decades, and it's been just as tough for long faithful followers to witness. For them the very public troubles of the church had drawn attention away from its longstanding and continuing role of providing loving care and real help for the weak and the vulnerable in their communities. The parishioners of Saint Michael's Catholic Church in Traralgon felt this too, and they yearned to show that at least in their town, the heart of the church was still beating. To help bring this about, it was decided that a weekly meal, prepared, served and paid for by volunteers, would be offered to people in the community who for various reasons, needed some help. In selecting a name for the program, the parishioners chose a distinctly Australian approach, simply to shorten the name of the church.. and Mick's Kitchen it was! It is heartening to note that when the call first went out for volunteers, more than 70 people came forward, a figure that has remained constant to this day, despite changes of personnel, although more would always be welcome. These were formed into six teams of about 15, on a rotating roster.

When first launched in early 2016, meals were prepared by the volunteers in local commercial kitchens, then transported and served in what had formerly been St Vinnies Op Shop on the corner of Kay Street and Breed Street, which had been repurposed for the new venture. After further internal renovation, a kitchen was later added. Once underway the new project was an instant success, Mick's kitchen regularly serving 60-70 meals every Thursday, doors open at 5:45pm.

In 2020, the giant wet blanket of Covid descended, shutting down any activity where people gathered, and for a short time Mick's Kitchen went into recess. But the will of the volunteers to keep going was strong, and the program morphed into a takeaway service; people could collect their meal or have it delivered to their homes. But I knew none of all this-my perspective is of a complete newcomer, and I will always remember the first night I turned up. Off the entry you can see through to a restaurant size kitchen, bustling with apron clad helpers preparing a meal, then to the left you walk through to a wide, brightly lit dining area with tables set for about 80 people. All are welcome and there is no kind of means test. Perhaps you are feeling isolated and a little lonely.. you will be received just as warmly. Extra tables and provisions are always on hand and no one has ever been turned away. (See next week's bulletin for part II)

Sunday Mass Times	
Saturday	5:00pm Mass
Sunday	9:30am Mass 5:00pm Mass
Weekday Mass Times	
Tuesday Jun 27	9:30am Mass
Wednesday Jun 28	11:00am Reconciliation 11:00am Exposition 12:00pm Mass
Thursday Jun 29	9:30am* Mass @ Church
Friday Jun 30	9:30am Mass

**As our schools are currently on leave for the term break, Thursday mass will be held here at St Michael's Church for the next three Thursdays.*

PLEASE PRAY FOR: those who have died recently including Lloyd Curnow, Brenda Nielsen, Tony Susation, Norm Short, father of Judi Scholtes, and Julie Vaz mother of Veronica Vaz, and those whose anniversaries occur at this time including Jozef Cukier, Aleyamma Varghese, Eliakutty Varkey, Sam Prestipino, Pamela Filo, Justin O'Brien, Danny O'Donnell, Eliakutty Mathew, Elisa Bastianutto. *Lord, let your perpetual light shine upon them. May they rest in peace. Amen.*



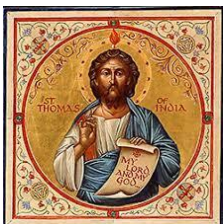
WE PRAY FOR THOSE WHO ARE SICK: including Ann-Maree Daly, Gary Donchi, Bill Edgar, Bernadette Formaran, Fr Frank Freeman, Marj Gilbert, Carolyn Gleeson, Jacqui Granville, Barbara Greaves, Ellen Hammond, Jenny Hansch, Robert Hazelman, Imogen Hillier, Joyce Martin, Ivy May, Deborah Mckerchar, Ben Melenhorst, Maree Morris, Henry Polo, Joan Riggall, Theresa Rosello, Jerry Templer, Damiano Tripodi, Sharon Veleff, George Walkan, Roy Ward, Victoria Rohli, Fr John Speekman, James Whitty, Kelly Maher, John Waanders, Peter Dal Pra, and Jane Eric and all those we hold dear in our hearts.

SCHOOL HOLIDAYS: Term Two has now ended and our schools are enjoying a well deserved two week break. We wish our teachers and school families all the best for the holidays and hope they come back feeling refreshed and rejuvenated. Our parish office will have reduced working hours over the holiday break as our staff take time off to spend with their families.

Tuesday June 27 – Friday June 30 from 10am – 1pm

Tuesday July 04 – Friday July 07 from 10am – 1pm

Our office will return to normal operating hours on Tuesday July 11 and re-open at 9am.



SYRO MALABAR MASS: We will have a special Mass in the Syro-Malabar Rite in Malayalam to celebrate the feast of St Thomas. Please join us for Mass on **Sunday July 02 at 6pm**, followed by dinner in the Mary MacKillop Hall. All are welcome.

SATURDAY ROSARY: Join us at 10am in the chapel each Saturday as we say the Rosary together in both English and Malayalam.

This Week's Events	
Tuesday June 27	
10:00am	Catholic Women's League, Mary MacKillop Room
10:00am	Coffee Conversation Uluru Statement from the Heart, Parish Centre
7:30pm	Uluru Statement from the Heart, Mary MacKillop Room
Wednesday June 28	
11:00am	Reconciliation, St Michael's Church
Thursday June 29	
10:30am	Charismatic Prayer Group, Mary MacKillop Room
Sunday July 02	
6:00pm	Syro-Malabar Mass, St Michael's Church

BAPTISMS: The next Baptism Preparation Meeting will be held on **Tuesday July 25 at 7:00pm** in the Church. Please contact the Parish Office on 5174 2060 if you are interested in attending.



R.C.I.A.: These letters stand for the Rite of Christian Initiation of Adults, the ancient Rite of welcoming people into the Church.

St Michael's Parish warmly invites anyone interested in discovering more about the Catholic faith to attend our meetings on Thursdays, in St Michael's Parish Centre. We start at 7.30pm sharp, and finish by 9.00pm sharp. This year's starting date is July 20th. IF YOU KNOW ANYONE WHO MAY BE INTERESTED, ENCOURAGE THEM TO CONTACT EITHER Susan Grout (0412 671 308) or the Parish Office (5174 2060).

YOUTH MINISTRY: Next Term our Youth Council will be selling coffees and hot chocolates to raise money for the Youth Ministry. Their grand opening will be on Sunday July 23 after the 9:30am Youth Mass to celebrate World Day for Grandparents and the Elderly. Join us for morning tea in the hall and bring along your grandchildren or grandparents to celebrate this special day. Hot drinks and tasty treats will also be available for purchase on the following Sunday mornings after 9:30am mass.

WORLD YOUTH DAY UPDATE: Zahra will be travelling to Portugal for World Youth Day on July 28th for 2 weeks. As part of her Pilgrimage, she will be spending time at Fatima and would like to pray for the parishioners of St Michaels as a thank you for all your support. There are some prayer cards in the foyers for you to write your prayers on and she will take them to Fatima and pray for you. She invites you to her commissioning Mass along with the 535 other pilgrims on Sunday 16th July at 11am – 2pm at St Patrick's Cathedral, Melbourne. This will be the final gathering with Archbishop Peter Comensoli, pilgrims, benefactors, family and friends before the pilgrims make their way to Lisbon.

MICK'S ARMY WORKING BEE: Thank you to all those who came along on Wednesday to help clean out the old assistant priest apartments. It was a big job and your commitment to the parish is greatly appreciated.



A VOICE TO PARLIAMENT:

A message from Bishop Charles Gauci of Darwin “As Australians we are at a very important time reflecting on the Voice to

Parliament. I will not tell anyone how to vote, but it is my responsibility as Bishop to encourage you all to be reflective in the light of our faith and Catholic Social Teachings: the Common Good and the Dignity of all People.” Visit <https://indigenousvoice.church/>

As a parish, we will have two opportunities to read and discuss the Uluru Statement from the Heart, which informs the current issue of ‘The Voice’ to parliament. The first session will be held in the parish centre on **Tuesday June 27 after Mass at 10am**. There will be another session **Tuesday evening at 7:30pm** in the Mary MacKillop Room. We invite anyone who is interested in learning more and sharing their ideas to join us.

THE ADVENTURES OF SUE AND ALISON: Our Religious Education Leaders from St Michael’s, Sue Rickwood and St Gabriel’s, Alison Phillips, began their journey to Jerusalem on Thursday. They are part of a group of leaders from DOSCEL schools who were sponsored to go on this trip. Whilst in Jerusalem, they will be studying Mark’s Gospel and visiting Holy Sites. We will keep you updated on their trip via our Parish Facebook page. If you have not already joined our Facebook family, you can ‘like’ our St Michael’s Catholic Parish Traralgon page to keep up to date on all our parish news.

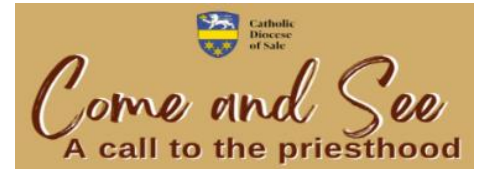
ORGANS AVAILABLE: We have two old church organs that are in need of a new home and some repairs. Anyone who is interested or knows someone who may be, please contact the parish office.



Aid to the Church in Need providing transport to priests, sisters, and catechists to reach the faithful, who are often at great distances and must go through difficult terrain. In 2022, ACN provided 1,253 pastoral vehicles. This included 564 cars, 406 bicycles, 252 motorcycles, 16 boats, 11 buses, and 4 trucks for the pastoral work of the Church – particularly in Latin America and Africa. Can you help us supply transport to priests and religious again in 2023? Visit www.aidtochurch.org/transport to make an offering and learn more.

One of the major works of *Aid to the Church in Need* is

**St Laurence’s Parish
Centre Leongatha
Sunday June 25
2:00pm – 4:00pm**



INVITATION TO A WINTER CONCERT: Following the success, and enjoyment by so many, of last year’s *first* Winter Concert, the St Jarlath’s church community at Yarragon again invites parishioners to a *second Winter Concert* featuring Irish-Australian singer, songwriter, story teller Maria Forde. The venue is again at St Jarlath’s Catholic Church, Rollo Street, Yarragon on **Friday, July 21st, from 7:00pm**. Space is limited so reserve a seat early at: trafalgar@cdsale.org.au or phone the Trafalgar parish office: 03 5633 1166. Entry is by a contribution (generous we hope!!) to the St Jarlath’s Church Refurbishment Appeal. A delicious supper will be offered in the hall at interval. Everyone is welcome.

MELBOURNE iSTAND YOUTH WEEKEND - iSTAND Events are for students in year 9 -12 (age 14-18 yrs) and are a wonderful opportunity to connect with fellow young people in a welcoming environment while learning more about yourself, others and God. This iSTAND Weekend will include activities such as games, group activities, prayer, reflection, testimonies and talks.



DATE: Friday 30th June - Sunday 2nd July
TIME: Friday 5.30pm - Sunday 2pm.
LOCATION: Don Bosco Retreat Centre, Lysterfield
COST: \$140 inclusive of all food and activities.

For more information visit <https://www.ymt.com.au/istandevents>

STEWARDSHIP MATTERS:

“Everyone who acknowledges me before others I will acknowledge before my heavenly Father.” MATTHEW 10:32
Would others know that you are Catholic by the way you act and speak? Do you share your Catholic faith with others? Do you defend your Catholic faith when the situation arises or do you remain silent? Do you pray in public before meals? Pray for the strength and courage to be a joyful witness of our Catholic faith when the opportunity presents itself. Let us become the radiant light and bold witness that we are called to be!

Rosters for July 01 and 02, 2023		13th Sunday in Ordinary Time, Year A		
	Lector	Commentator	Usher/Welcomer	Musicians
Saturday July 01 5:00pm	R Foote & T Larkin	M Noone	M Giddens	
Sunday July 02 9:30am	U & E Imhagwe	M Wilkinson	A Sykes & M Blanchard	Jane & Simon
Sunday July 02 5:00pm	C Mavhundu & A Thomas	S Grout	J McLaughlin	Jane & Simon
Church Cleaning:	July	Catholic Women’s League		
Touring Statue of Our Lady:	June 25	N & L Limbom	July 02	B & M Kennedy
<i>Mick’s Kitchen:</i>	June 29	St Michael’s Staff	July 06	Hemming Team

Entrance Antiphon Cf Ps 27:8-9

*The Lord is the strength of his people,
a saving refuge for the one he has anointed.
Save your people, Lord, and bless your heritage,
and govern them for ever.*

First Reading Jer 20:10-13

A reading from the Prophet Jeremiah

He has delivered the soul of the needy from the hands of those who are evil.

Jeremiah said:

'I hear so many disparaging me,
"Terror from every side!
Denounce him! Let us denounce him!"
All those who used to be my friends
watched for my downfall,
"Perhaps he will be seduced into error.
Then we will master him
and take our revenge!"
But the Lord is at my side, a mighty hero;
my opponents will stumble, mastered,
confounded by their failure;
everlasting, unforgettable disgrace will be theirs.
But you, Lord of Hosts, you who probe with
justice,
who scrutinise the loins and heart,
let me see the vengeance you will take on them,
for I have committed my cause to you.
Sing to the Lord,
praise the Lord,
for he has delivered the soul of the needy
from the hands of evil men.'

Responsorial Psalm Ps 68:8-10 14 17 33-35 Rv14

(R.) Lord, in your great love, answer me.

1. It is for you that I suffer taunts,
that shame covers my face,
that I have become a stranger to my brothers,
an alien to my own mother's sons.
I burn with zeal for your house
and taunts against you fall on me. **(R.)**
2. This is my prayer to you,
my prayer for your favour.
In your great love, answer me, O God,
with your help that never fails:
Lord, answer, for your love is kind;
in your compassion, turn towards me. **(R.)**
3. The poor when they see it will be glad
and God-seeking hearts will revive;
for the Lord listens to the needy
and does not spurn his servants in their chains.
Let the heavens and the earth give him praise,
the sea and all its living creatures. **(R.)**

Next weeks Readings

13th Sunday in Ordinary Time Year A

1st Reading 2 Kings 4:8-11 14-16

2nd Reading Romans 6:3-4 8-11

Gospel Matthew 10:37-42

Second Reading

1 Rom 5:12-15

A reading from the letter of St Paul to the Romans

God's gift to us is nothing like our sin against him.

Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of 'law-breaking', yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

Adam prefigured the One to come, but the gift itself considerably outweighed the fall. If it is certain that through one man's fall so many died, it is even more certain that divine grace, coming through the one man, Jesus Christ, came to so many as an abundant free gift.

Gospel Acclamation Jn 15:26

Alleluia, alleluia!

The Spirit of Truth will bear witness to me, says the Lord,

and you also will be my witnesses.

Alleluia!

Gospel

Mt 10:26-33

A reading from the holy Gospel according to Matthew

Do not fear those who can kill the body.

Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the house-tops.

'Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.

'So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

